

WELLNESS ELEVATED
SAINT LUCIA

TheLifeCo[®]
HOLISTIC WELLBEING

An aerial photograph of a modern, multi-story resort building. The building features a prominent colorful mural on its facade, depicting wavy lines in shades of blue, green, and orange. The building has multiple levels with large windows and balconies. In the foreground, there is a large swimming pool with a paved deck, several lounge chairs, and two large blue umbrellas. The resort is situated on a hillside, with a lush green hill in the background and a view of the ocean to the right. The sky is blue with some clouds.

TheLifeCo[®]
HOLISTIC WELLBEING

HOLISTIC LIVING

Saint Lucia

At the heart of this flagship holistic residences lies an extraordinary approach to wellbeing; one that goes beyond the ordinary and redefines what it means to heal and renew. Inspired by the globally recognized **The LifeCo Wellness** philosophy, this is a place where your body's innate healing potential is fully awakened through science backed detoxification, tailored nutrition, advanced therapies, and intentional rest. Here, regeneration becomes a way of life, not just a moment in time.

Designed for those who seek profound transformation rather than transient experiences, our holistic environment cultivates clarity of mind, vitality in the body, and harmony in the spirit. This is not merely luxury; it is a curated ecosystem of care where every element, from mindful movement and restorative therapies to bio- regenerative practices, supports your journey toward optimal health and longevity. Surrounded by nature and elevated by expertise, This residence offers a new paradigm of wellness. Deep. Personal. Enduring.





LIVING ELEVATED

AMENITIES

Membership Access:

- Personalized Longevity Programs
- Advanced Iv Nutrient Therapy Suite
- On Site Holistic Medical Consultation
- Dedicated Regenerative Doctor's Office
- Therapeutic Massage & Bodywork Rooms
- Specialized Facial And Skin Rejuvenation
- Functional Fitness And Movement Gym
- Cold Exposure And Thermal Therapy
- Curated Detox
- Juice Bar

Benefits for Owners:

- Private Wellness Library
- Outdoor Fire Pit Gathering
- Tranquil Relaxation Areas
- Nature Integrated Open Air Design
- Elevated Doctor Consultation
- Boutique Wellness Shopping
- Panoramic Views
- Long Stay Regenerative Living Options
- Fully Managed Ownership Structure
- Owner discounts on the Flagship Lifeco Holistic Wellness Center

A modern interior space featuring a large, low-profile planter box filled with various green plants, including Monstera and Philodendron. Behind the planter is a large, textured wall with a grid of small, illuminated squares. The phrase "LET'S GET WELL TOGETHER" is displayed in white, bold, sans-serif capital letters across the center of the wall. Three spotlights are mounted on a track above the planter, casting a warm glow on the wall and the plants. To the left, a staircase with dark, angular steps leads up. To the right, a lounge area with a grey sofa and a potted plant is visible. The floor is made of light-colored stone tiles.

LET'S GET WELL TOGETHER



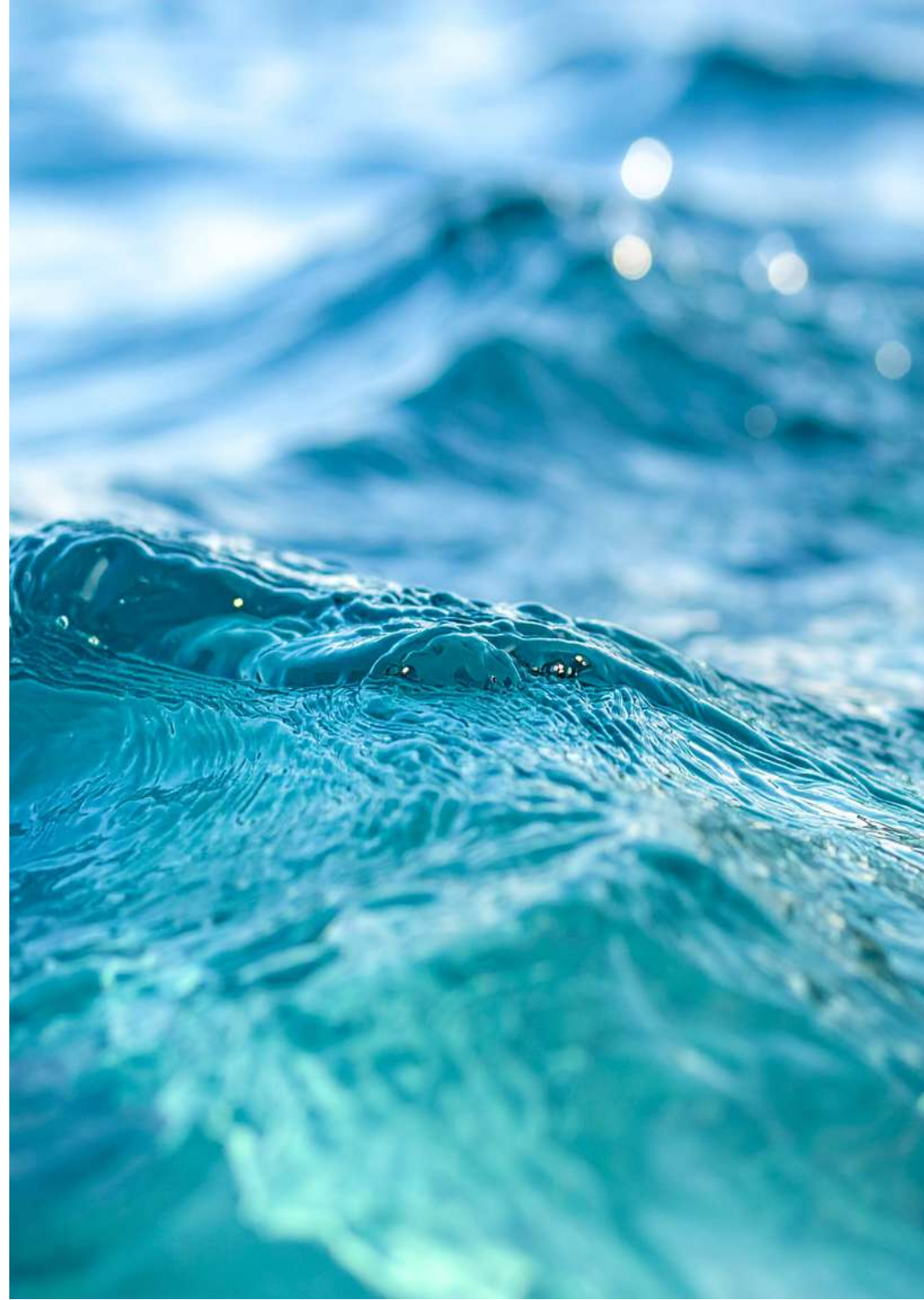


CLINICAL WELLNESS

Saint Lucia

TheLifeCo Wellness Center features a medical-grade detox facility designed to reset and rejuvenate the body through personalized, science-backed programs. Each program is a journey — mindfully built around medical insight, emotional support, natural therapies, and nutrition.

TheLifeCo offers a transformative wellness experience that emphasizes deep cleansing, cellular renewal, and long-term vitality, all enhanced by plant-based nutrition and thorough diagnostics.









REFINED RENEWAL

STRENGTH & BALANCE





JUICES

Orange Juice

The classic juice made from freshly squeezed oranges.

Apple Juice

A refreshing apple juice made from organic apples.

Pomegranate Juice

A delicious tart pomegranate juice with natural pomegranate seeds.

Lemonade

Hand-squeezed lemons with the refreshing taste of lemon.

SMOOTHIES

Strawberry Banana Smoothie

A classic blend of ripe strawberries and bananas.

Detox Delight

A blend of coconut water, lemon, and a hint of ginger.

Peanut Butter Smoothie

A creamy smoothie with peanut butter and banana.

KOMBUCHA

Original Kombucha

The classic kombucha with a tangy, slightly sweet flavor.

Rosemary Kombucha

A unique and refreshing kombucha with rosemary.

Mango Blast

A blend of fresh mango and kombucha.

Pineapple Passion

A refreshing kombucha with pineapple and passion fruit.



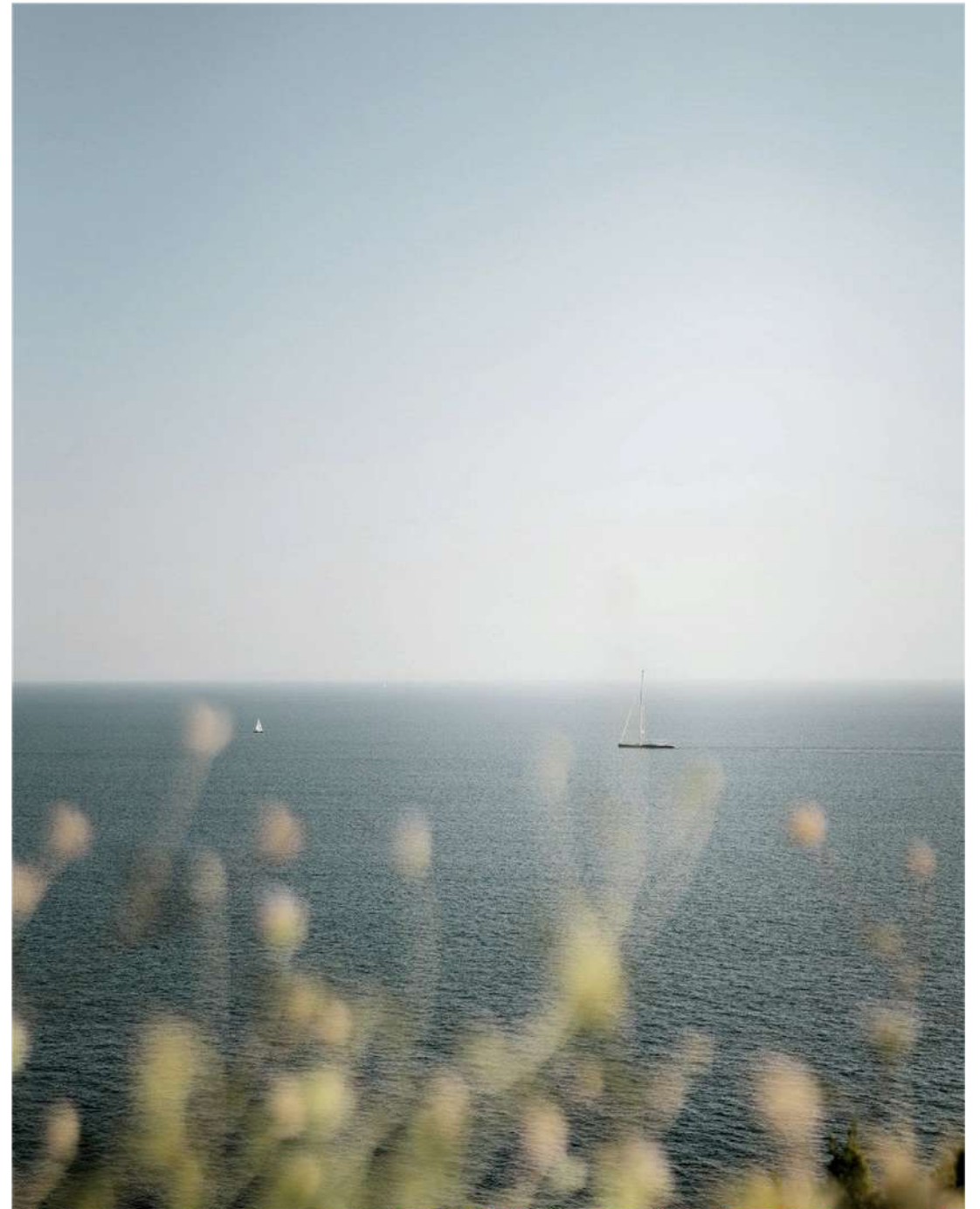


RESTORATIVE LIVING

Saint Lucia

TheLifeCo living residences are thoughtfully designed to immerse owners in a serene, restorative environment where comfort and healing coexist seamlessly. Surrounded by nature and ocean views, the spaces are intentionally minimal, calming, and refined, allowing the body and mind to fully reset without distraction. Owners benefit from direct access to personalized detox programs, medical-grade IV therapies, plant-based gourmet nutrition, daily movement classes, holistic treatments, and expert wellness supervision, all within one integrated setting.

Living at TheLifeCo residences is not simply a retreat experience; it is an opportunity to disconnect from stress, restore internal balance, improve energy and sleep quality, and return home physically lighter, mentally clearer, and deeply renewed.

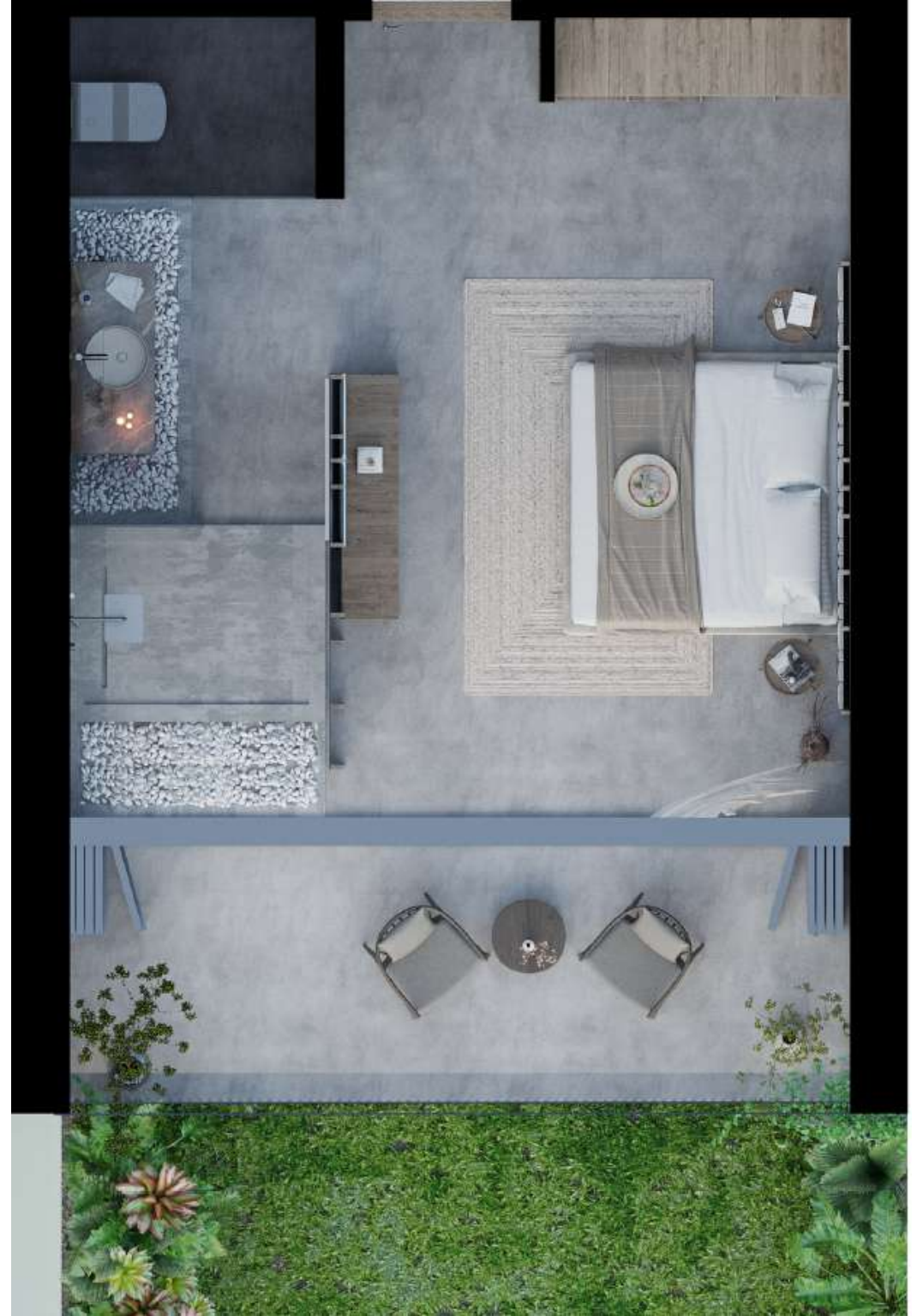


Type A

Price: US\$422,400

Size: 44 m²

[Check availability](#)



Type B

Price: US\$506,000

Size: 55 m²

[Check availability](#) 

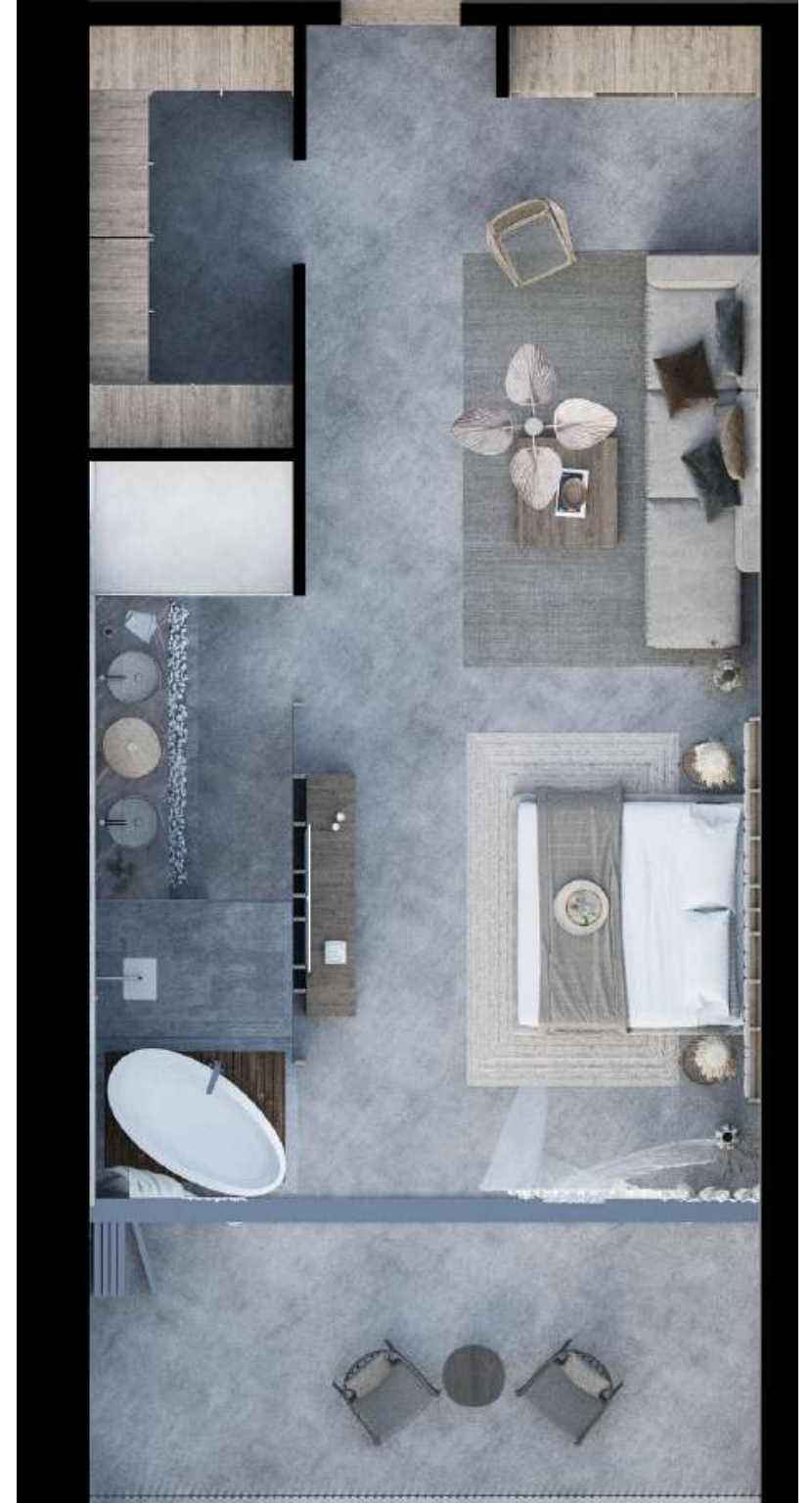


Type C

Price: US\$660,000

Size: 75 m²

[Check availability](#) 



Type D

Price: US\$ 800,000

Size: 100 m2

[Check availability](#) 









C O N T A C T U S

Jason Ford

+1.832.830.1515

jford@ailaresorts.com